

**Table 2. Competencies of sponsor monitors: Results of the CACFP expert panel survey<sup>a</sup>**

<b>Competency</b>	<b>Reflects Job Functions<sup>b</sup></b>	<b>Encompasses Knowledge/ Skills<sup>c</sup></b>	<b>Stated Clearly/ Accurately<sup>c</sup></b>
1.1 Communicates with FDCH providers and determines training needs.	3.5 ± 0.6 <sup>c</sup>	3.5 ± 0.6	3.5 ± 0.6
1.2 Develops a systematic training program to ensure that FDCH providers are familiar with program requirements.	3.3 ± 1.0	3.3 ± 1.0	3.3 ± 1.0
1.3 Conducts orientation and training on all aspects of CACFP participation and policies and procedures of the sponsoring organization.	3.8 ± 0.5	3.8 ± 0.5	3.8 ± 0.5
1.4 Reviews performance of FDCH providers in CACFP implementation and providers.	3.8 ± 0.5	3.8 ± 0.5	3.8 ± 0.5
1.5 Adapts training to provide technical assistance on an individualized and as-needed basis.	3.8 ± 0.5	3.8 ± 0.5	3.5 ± 0.6
2.1 Reviews the meal pattern requirements to ensure proper implementation by FDCH provider.	3.5 ± 0.6	3.5 ± 0.6	3.5 ± 0.6
2.2 Reviews meal service to ensure proper implementation of the meal patterns and a positive mealtime environment.	3.8 ± 0.5	3.8 ± 0.5	3.8 ± 0.5
2.3 Reviews the menu on an ongoing basis to ensure good menu planning guidance is followed to allow for development of healthful eating behaviors of enrolled children.	3.3 ± 0.5	3.3 ± 0.5	3.0 ± 0.8
2.4 Assures the proper interpretation and implementation of the infant meal pattern.	3.5 ± 0.6	3.5 ± 0.6	3.5 ± 0.6
2.5 Maintains a regular onsite visitation schedule of CACFP participants to ensure proper implementation of the CACFP and a healthy eating environment.	3.5 ± 0.6	3.5 ± 0.6	3.5 ± 0.6

3.1 Establishes a system for maintaining and reporting all monitoring activities to the sponsoring organization.	3.0 ± 0.8	3.0 ± 0.8	3.0 ± 0.8
3.2 Determines that procedures needed to verify CACFP participants meet all local, state, and federal requirements for participation in the CACFP and as FDCH providers.	3.0 ± 0.8	3.0 ± 0.8	3.0 ± 0.8
3.3 Serves as the liaison between the sponsoring organization and the FCDH provider.	3.5 ± 0.6	3.5 ± 0.6	3.5 ± 0.6
4.1 Participates in continuing education activities such as seminars, workshops, professional conferences, and enrolls in college courses.	2.8 ± 1.3	2.8 ± 1.3	3.8 ± 0.5
4.2 Networks with other child care professionals.	3.8 ± 0.5	3.8 ± 0.5	3.8 ± 0.5
4.3 Conducts professional growth programs for providers.	3.8 ± 0.5	3.0 ± 1.4	3.0 ± 1.4
4.4 Assumes an active role in professional organizations.	3.3 ± 0.5	3.3 ± 0.5	3.5 ± 0.6
4.5 Reads current trade, technical, and professional publications and applies appropriate new information in performance of monitoring duties.	3.3 ± 0.5	3.3 ± 0.5	3.3 ± 0.5
4.6 Maintains a plan for continuing self-development and education.	3.5 ± 0.6	3.5 ± 0.6	3.5 ± 0.6
4.7 Performs all duties and responsibilities in an ethical manner.	3.8 ± 0.5	3.8 ± 0.5	3.8 ± 0.5

<sup>a</sup>Six CACFP expert panel members participated, with four returning the completed survey and two additional panel members participating in the conference call

<sup>b</sup>A Likert-type scale of "Strongly Disagree" = 1 to "Strongly Agree" = 4 was used to report reactions to competencies. Means are reported for ease of comparison. All participants strongly agreed with all competency statements once suggested modifications were made.

<sup>c</sup>Mean ± SD