

Table 3. Top 20 training needs of sponsor monitors overseeing family day care homes in the Child and Adult Care Food Program (CACFP) as perceived by sponsoring organization directors and monitors

Training Need	Director (n=349)		Monitor (n=499)	
	Frequency	%	Frequency	%
Program regulation/requirements	150	43.5	191	38.7
Dealing with problem providers	122	35.7	179	36.2
Record keeping/documentation	109	31.9	132	26.7
Techniques for recruiting new providers	98	28.7	105	21.3
Meal pattern requirements	87	25.4	107	21.7
Creditable and non-creditable foods	85	24.9	115	23.3
Nutrition education materials for children	81	23.7	98	19.8
Audit/review procedures	62	18.1	70	14.2
Cost effective program management	53	15.5	47	9.5
Marketing the CACFP	51	14.9	62	12.6
Menu planning for meals and snacks	50	14.6	97	19.6
Introducing new foods to children	50	14.6	85	17.2
Training adults	42	12.3	42	8.5
Food safety procedures	40	11.7	66	13.4
How to deal with job stress	38	11.1	53	10.7
Planning affordable meals	36	10.5	76	15.4
Time management techniques	36	10.5	45	9.1
Infant and toddler menu planning	32	9.4	53	10.7
Developing computer skills	28	8.2	50	10.1
Cooking with children	19	5.6	53	10.7