

**Table 1. Participating school characteristics (N=18)<sup>a</sup>**

<b>School</b>	<b>Average Daily Attendance</b>	<b>Lunch Period(s)</b>	<b>Type of Service</b>	<b>Recess and Cafeteria Exit Policy</b>
<b>Elementary</b>				
TX 1	330	5/30 min. staggered	1 straight line, Offer vs. Serve, POS key entry ID	Free to leave for recess when finished
TX 2	580	5/30 min. staggered	1 straight line, Offer vs. Serve, POS key entry ID	Returned to classroom together, then recess
UT 1	375	22 min. staggered	1 straight line, choice of two entrees, fruit cart & choice of beverages, ID card	Recess before lunch
UT 2	400	30 min. staggered at 10 min.	1 straight line, choice of two entrees, Provision 2, ID card	Recess after lunch
WA	203	5/15 min. staggered	1 straight line, 3 classes attending each period, debit card	Recess after lunch
NY	312	Combined 40-45 min. lunch/recess	1 straight line, students ate in classroom, cashier	Held in classroom until all were finished, recess after lunch
<b>Middle</b>				
TX 1	800	3/30 min.	3 straight lines (entree, pizza, hamburger), Offer vs. Serve, POS key entry ID	Free to leave when finished
TX 2	700	3/28 min.	3 straight lines (entree, pizza, hamburger), Offer vs. Serve, POS key entry ID	Free to leave when finished
UT 1	950	3/25 min.	5 straight lines (pizza, sandwich, entree, salad, and a la carte), ID card	Free to leave when finished
UT 2	480	2/30 min. staggered at 10 min.	3 straight lines (pizza, sandwich, and a la carte), ID card	Free to leave when finished
WA	196	2/35 min.	2 straight lines, 1 self-service bar, cashier	Free to leave when finished
NY	318	6/22 min.	1 straight line, 1 self-service bar, cashier	Must stay in lunchroom
<b>High</b>				
TX 1	350	2/30 min.	3 U-shaped lines (entree, pizza, hamburgers), POS key entry ID	Free to leave when finished
TX 2	300	40 min.	3 straight lines (entree, pizza, hamburgers), POS key entry ID	Free to leave when finished
UT 1	680	3/30 min.	4 straight lines (pizza/hamburgers, salad, entree, and a la carte), ID card	Free to leave when finished
UT 2	520	3/30 min.	4 straight lines (entree, sandwich, a la carte, and salad/potato bar), ID card	Free to leave when finished
WA	137	2/35 min.	2 straight lines, 1 self-serve bar, cashier	Free to leave when finished
NY	263	3/44 min.	1 straight line, 1 self-serve bar, cashier	Free to leave when finished

<sup>a</sup>Bergman et al., 1999; Rodgers et al., 1999; Sanchez et al., 1997