



What's on Your Tray? Crossword

What's on Your Tray? Word Search

U	N	C	P	D	A	L	A	S	P	A	G	N	R
L	L	O	A	T	A	E	H	W	E	L	O	H	W
B	O	J	R	I	R	V	O	E	V	A	L	C	S
A	H	P	W	S	E	A	L	E	I	U	K	N	P
L	N	I	A	P	P	L	E	T	T	R	L	U	A
A	K	Z	T	A	W	R	L	P	A	A	I	L	G
N	I	Z	I	U	C	A	P	O	E	D	M	L	H
C	M	A	J	L	H	D	P	T	R	I	M	O	E
E	M	T	A	L	I	A	A	A	C	A	I	O	T
D	I	E	F	O	L	L	E	T	B	N	K	H	T
A	L	A	D	O	L	G	N	O	R	T	S	C	I
O	R	A	N	G	E	R	I	C	E	A	A	S	B
S	T	Z	Z	W	D	T	P	S	E	K	Y	A	M
I	L	O	C	C	O	R	B	P	I	Z	H	A	H

Find the healthy foods and school lunch personalities in the word search. Words may be written forwards, backwards or diagonally.

Apple
Balanced
Broccoli
Chilled
Creative
Fajita Wrap
Kiwi

Orange Rice
Pear
Pineapple
Pizza
Radiant
Salad
School Lunch

Skim Milk
Spaghetti
Strong
Sweet Potato
Tray
Whole Wheat

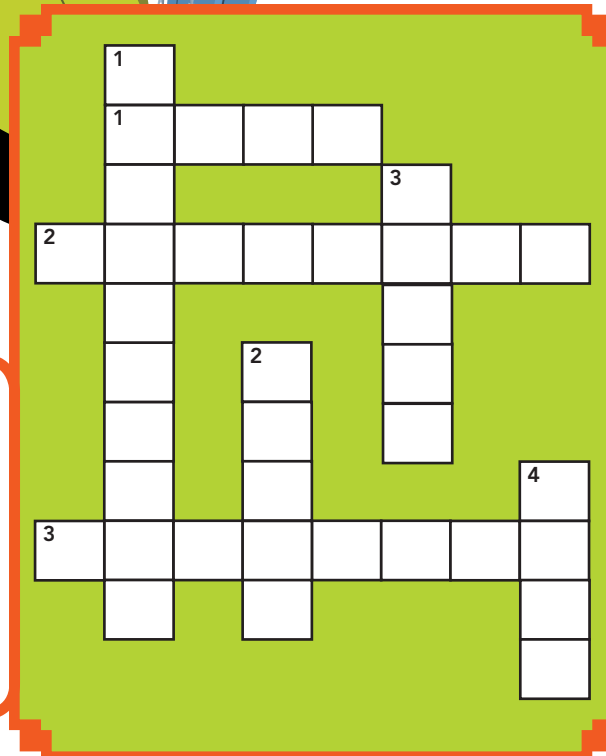
ANSWERS

Across

1. Tray
2. Sandwich
3. Broccoli

Down

1. Strawberry
2. Lunch
3. Pizza
4. Milk



Across

1. You put your lunch on this.
2. PB&J _____.
3. A green "tree-like" veggie.

Down

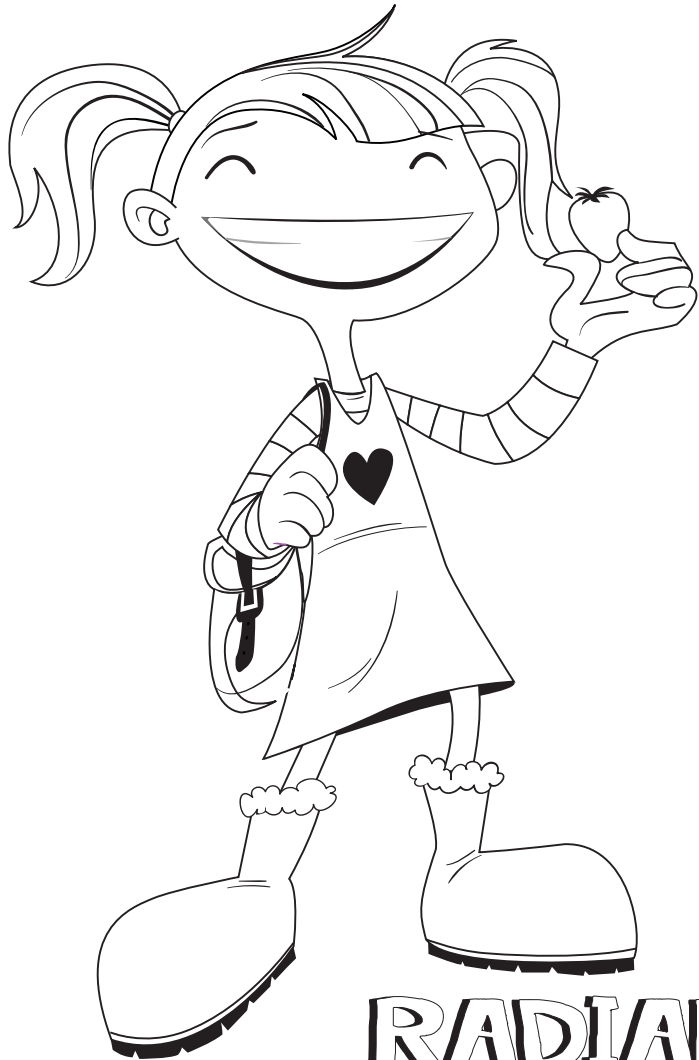
1. A sweet red-berried fruit.
2. The middle meal of the day.
3. An Italian "pie".
4. A white calcium-packed drink.

**SCHOOL
LUNCH**



WHAT'S ON YOUR TRAY?

COLOR YOUR PERSONALITY



RADIANT



STRONG

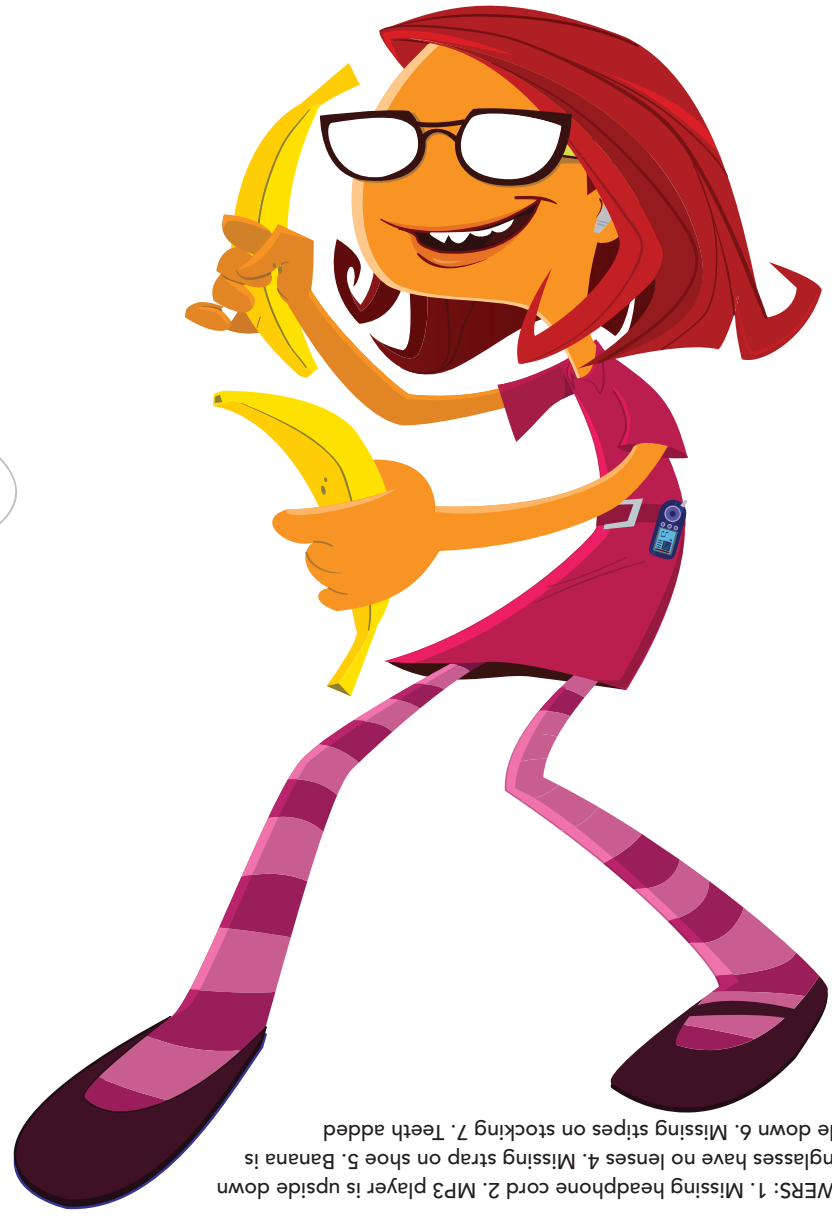


SPOT THE DIFFERENCE

At first glance, these two pictures look identical, but can you spot 7 differences?

FUN FACT:

In 180 school days,
5.2 billion school lunches
are served in 99,000 schools—
that is approximately
31 million healthy meals per day!



ANSWERS: 1. Missing headphone cord 2. MP3 player is upside down
3. Sunglasses have no lenses 4. Missing strap on shoe 5. Banana is
upside down 6. Missing stripes on stocking 7. Teeth added



SCHOOL LUNCH

SCRAMBLE



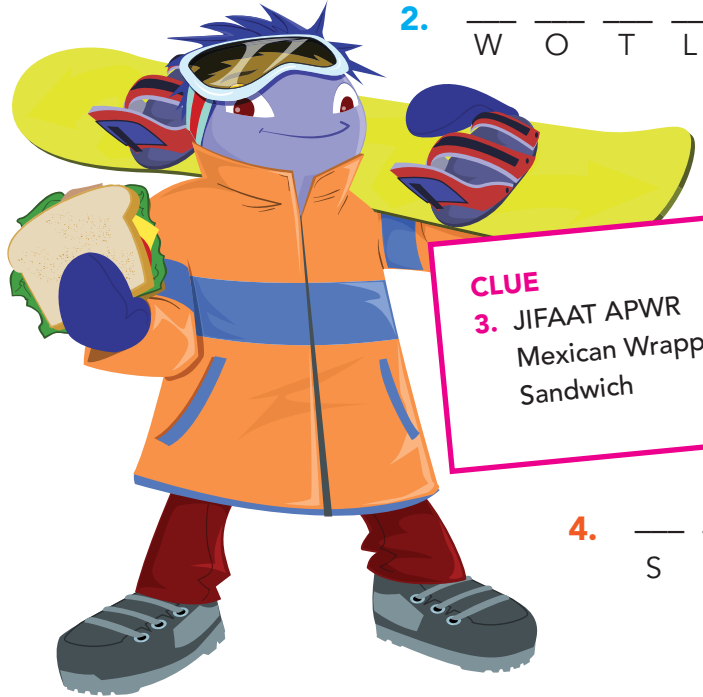
CLUE
1. APENIPPEL
Tropical fruit full of vitamins B and C

It's not just your breakfast eggs that get scrambled, it can also happen to lunchtime foods! Use the clues to unscramble the words below to reveal the tasty and nutritious foods!

CLUE
2. WOTLFA LIKM
Calcium and vitamin D packed drink

1. _ _ _ _ _
A P E N I P P E L

2. _ _ _ _ _ _ _ _ _ _
W O T L F A L I K M



CLUE
3. JIFAAT APWR
Mexican Wrapped Sandwich

3. _ _ _ _ _ _ _ _ _ _
J I F A A T A P W R

CLUE
4. SETEW OTPTOA
Vitamin A packed veggie popular at Thanksgiving

4. _ _ _ _ _ _ _ _ _ _
S E T E W O T P T O A

ANSWERS: 1. Pineapple 2. Lowfat Milk 3. Fajita Wrap 4. Sweet Potato