



National School Lunch Week Celebration Suggestions October 12-16, 2009

All-Star School Lunch Celebration Suggestions

At the ANC 2009 NSLW Education Session, attendees each submitted an idea on how they plan to use the All-Star School Lunch Basketball theme to celebrate NSLW. There were over 100 great tips and suggestions and the highlights are listed below:

Contests

- Have a "Draft Your All-Star School Lunch Team" Contest
- Write a 50 word essay on why school lunch makes you an All-Star
- Hold a basketball shoot off between students and teachers

Costumes

- Have students wear NBA caps for the day
- Wear your favorite team's t-shirt or cap
- Dress up in basketball uniforms

Decor

- Have students wear NBA caps for the day
- Wear your favorite team's t-shirt or cap
- Use sports music for enthusiasm
- Decorate with posters and basketballs
- Get kids to make posters of their favorite team
- Get kids to create the trading cards online at www.allstarschoollunch.org, print them out and display them in the cafeteria
- Our lunchroom is in the old school gym and the backboards are still there. This theme will be great for our location

"Get kids to create the trading cards online at www.allstarschoollunch.org, print them out and display them in the cafeteria"





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Food

- Decorate desserts with local team colors
- Make basketball shaped cookies
- Serve the NSLW menus
- Decorate cupcakes with the basketball theme for a special treat

Fundraising

- Socks for Charity - Kids bring new socks and roll into a ball to shoot into a basket ball hoop. The socks are given to local shelters
- Hold a 3 on 3 basketball tournament as a fundraiser

“Socks for Charity - Kids bring new socks and roll into a ball to shoot into a basket ball hoop. The socks are given to local shelters”



“Have high school or local basketball team answer nutrition questions during lunch”



Guests

- Have high school or local basketball team answer nutrition questions during lunch
- Invite player(s) from your local basketball team to help you celebrate
- Invite high school or local basketball team to teach a basketball lesson
- Recruit LeBron James to help our students be All-Stars! (He's a former student!)
- Invite local firefighters/ mayor and the police
- Get the Basketball Coaches to serve lunch during NSLW
- Get high school basketball team to visit elementary lunch rooms
- Invite the local high school basketball team to the elementary schools for lunch. The younger kids can then see that it's cool to eat school lunch



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Prizes

- Shoot hoops for prizes
- Have a basketball themed prize drawing for kids who eat lunch
- Get signed photos of local basketball stars to use as student prizes
- Guess how many mini-basketballs are in a bin. Basketballs are given to the kids who are the closest
- Have a prize drawing for free passes to school basketball games
- Give out small basketball themed giveaways to students
- Prizes for the grade with the highest lunch participation

“Guess how many mini-basketballs are in a bin. Basketballs are given to the kids who are the closest”



“Get students to write a school lunch cheer to share at lunch”

Other

- Shoot hoops for prizes
- Tie in physical activity with NSLW
- Get students to write a school lunch cheer to share at lunch
- Get help from to health/ wellness teacher to create All-Star Nutrition web-pages
- Work with state association to see how they are celebrating NSLW
- As the start of the school basketball season corresponds with NSLW, work with the coach and players to hold a Pep rally promoting healthy eating and a winning season

