

***INSTRUCTIONS FOR "VOTE FOR SCHOOL LUNCH 2008 – Presidential Edition" COSTUMES
From the School Food and Nutrition of New Orleans***

All Costumes

Materials Needed:

- 11 yards of penlon (2 yards per costume)
- Felt: red, black, white, orange (small squares), tan, green
- Tissue paper: dark green, green, yellow
- Curly Ribbon: black, purple
- Red and Blue ribbon (to attach the sides)
- 10 wiggly eyes
- 1 - 9" bowls, white
- One plastic top from gallon ice cream container
- 4 Lasagna noodles
- Baseball Cap
- Sharpie Markers: red, blue, black, light blue, brown, green, yellow.
- Batting
- Paint: orange, brown, yellow, tan, pink, white, red, blue
- Sponge
- Hot glue gun with glue sticks

All of the required materials can be purchased at your local dollar store or Wal-mart. The buttons you see in the pictures on the front of the costumes were purchased at the Emporium.

You want to begin by cutting out the front and backs first. You will need to cut the penlon in 10 pieces each 2 ½ feet. Each one of these pieces you will cut in the shape of a heart (Since our kids love school lunch). Save the pieces you cut off, these will be used for the straps. Each strap is 2" by 10". You can outline each heart-shaped piece in red and blue hash marks. On the backs of the costume stencil vote for and then put the name. These directions are the same for each costume.

Once you have completed the costumes and they are dry you need to sew the straps on at the top of the hearts. Be sure you have the right front paired with the back; you don't want to have to undo any sewing. Then attach the red and blue ribbon at waist level, this enables you to tie front and back together so they stay on the person wearing them.

Back Design



"PETUNIA PITA POCKET"

Begin by cutting two pieces of penlon 12" wide by 9 ½" long in the shape of a strawberry. Paint the front piece tan, like the color of pita bread. You can do this by mixing white paint and brown paint. Once the paint is dry glue the edges only of the two pieces together to form a pocket, use the hot glue so it will dry quickly.

Stuff the pocket with green tissue paper, leave some pieces raised to give it a fuller look. Put some pieces facing down over the front of the pita, to get the torn lettuce look; just tear some pieces with you fingers. You will need to use some glue to hold in place.

Cut out two red circles and outline with black marker to look like tomato slices; cut out two white felt circles and outline with green marker to look like cucumber pieces; cut out three strips from the mauve felt about 4 ½" long to look like ham pieces. Outline the top of the ham pieces with a brown marker; when gluing in the ham pieces wave them, don't glue them in straight.

Now cut out the eye brows (2 1/2" long), nose (3/4") and mouth (4 ½" by 2 ¼") from black felt. The lips are cut out of red felt and outlined with black marker. The teeth are cut out of white felt.

The piece behind the squiggly eyes is cut out of white felt (2"by1"), outlined with black marker. The eye lashes are the black curly ribbon, two small pieces.

For the cheeks use pink paint or you could mix white paint with just a touch of red.

Once all the pieces are glued on, then glue onto the base piece with the hot glue.



"GLORIA GRILLED CHEESE"

Cut out two pieces of card board in a triangular shape (10" wide by 5" at its longest point). You will have to shape it like a sandwich. Please refer to the picture. Once you have the shape you can begin cutting your sponges as needed. The sponges that we used were thick, so we also had to cut them in half, and then in three pieces to get the shape we needed. When gluing the sponge pieces onto the card board be sure to squeeze the pieces together. Once you have the shape and they are glued onto the cardboard you can paint the sponge with brown paint. Use a piece of sponge to dab the paint on, instead of a brush.

Once the paint is dry, cut out strips of tan felt to form the crust around the edge of the sponge and glue in place, do this for both pieces. Cut out of yellow felt wavy edges to glue in between the two pieces to give the effect of melted cheese. At the top fold a strip in half and glue in between the two pieces to look like cheese flowing out the top. Then cut one more piece to give the effect of dripping cheese to go on the front.

The eye brows and nose are cut out of tan felt. The mouth is black, with the teeth white and the lips out of red felt. The teeth and lips are outlined with black marker. The backing for the squiggly eyes is cut out of white felt and outlined in black marker.

The cheeks are sponged on with a dab of pink paint.

Once all pieces are glued in place, then glue onto the front of your base.



"LARRY LASAGNA"

You begin by cutting out 7 strips of batting the same width and length as the lasagna noodles. Then mix red and brown paint together until you get what looks like spaghetti sauce. Then paint the strips with your mixed paint, use a sponge to paint them instead of a paint brush. Once they are dry take one lasagna noodle and glue two strips of the batting to the lasagna noodle. Tear some pieces of green tissue paper and glue on top of the batting. Then cut a piece of yellow felt to give the effect of melted cheese, cut the felt in a wavy pattern not straight. Glue the next lasagna noodle then three pieces of the painted batting. Tear some strips of green tissue paper and another piece of the yellow felt for melted cheese. Glue another lasagna noodle the last two painted batting pieces, torn green tissue paper, yellow felt for cheese and then the last lasagna noodle.

Cut some yellow tissue paper to give the look of shredded cheese and glue on top of the last lasagna noodle.

The eye brows, nose, mouth and dimples are cut out of black felt. The teeth are white felt outlined in black marker. The tongue is cut out of red felt, outlined with black marker. The back behind the squiggly eyes is white outlined in black. Once you have all the pieces glued in place, glue on the base piece.

The shoulder straps and the red and blue ribbon used on the sides are sewn on. If you do not have access to a sewing machine, you can glue them in place.



"BIFF BURGER"

Cut the 9" bowl in half. Next, cut the top of the plastic ice cream container in half. Mix brown and white paint until you get the color of a hamburger bun. Paint both pieces; be sure to paint the top and bottom of the ice cream container lid.

Take the batting material and cut a piece the same size as the ice cream container lid; this will be the hamburger patty. Take the brown paint and sponge the paint onto the patty.

Once these pieces have dried glue the patty onto the lid, cut out the eyes, eye brows and mouth from felt, outline with black marker. The top of his eyes are outlined in a light blue sharpie to give some color to the eye. Draw in the nose and lines above the eyes with black marker. The dots and shading on the bun are drawn with a brown marker. Glue wiggly eye to center of white cut out. The mouth is glued to the hamburger patty.

When gluing the two pieces onto the costume, leave a 2 ½ gap between the top and bottom bun. Fill the top half with dark green tissue paper, be sure to place glue in bowl so the tissue paper will stay in place.

Complete the hamburger patty by placing torn pieces of tissue paper (lettuce), cut out two circles from red felt, outline to look like tomato slices, use purple curly ribbon to look like purple onion and them top off with two slices of cheese cut out of orange felt.



"PETE PIZZA"

Draw the pizza shape in pencil first, leave a 1" space on the left hand side to give a 3-d effect for the pizza sauce. Once you have it drawn the way you want it begin to outline it in the brown sharpie. The 1" space you left you will fill in with red and brown to give the effect of pizza sauce and crust (refer to the picture. When you begin gluing the cotton batting on the pizza shape leave this on flat to give the effect of a cheese pizza slice (you will need to cut the batting to fit the shape).

Once the batting is glued down, begin to mix your paint (yellow with a small amount of brown to give it a golden color). You have your color, dampen the sponge and sponge the paint on until the entire surface is covered. Remember, have a few darker spots just like it came out of the oven.

Let the paint dry, cut out the pieces for the top crust, eye brows, side of mouth, and dimple (tan felt). Tops of eyes and peppers (green felt). Pepperonis and mouth (red felt). The backs of eyes and top of mouth (white felt). Outline all pieces with the brown sharpie marker, this helps the pieces stand out more on the costume.

Paint the baseball cap with the red paint and the brim of the hat in blue. Cut a circle out of white felt, put a P inside the circle with a black sharpie and then outline the circle in black. Glue the P on the front of the baseball cap.

After you have glued all the pieces on, then glue the baseball cap last. At the top of the pizza where you have the crust, color in with a red marker some pizza sauce by the top crust.



If anyone needs further assistance, please e-mail me at ic@schoolcafe.org

Have a wonderful National School Lunch Week!!!!