

Are You Up to Meeting the HealthierUS School Challenge?

School Nutrition Association Annual National Conference

Child Nutrition Track Education Session

Presentation Title:

Ready to Take the HealthierUS School Challenge?

Speaker:

Jan Barrett Adams, MS, MBA, RD

Date and Time:

July 20, 2008

Description:

What does it take to receive a HealthierUS School Challenge award? Learn about the revised criteria for meeting the Challenge. Hear how some schools have successfully met the Challenge criteria. Learn what strategies schools have used to improve menus with a focus on beans and legumes, dark green and orange vegetables, and whole grains.

Session content:

Overview of HealthierUS School Challenge (HUSSC)

Background

Number of awards

Changes to HUSSC criteria

Success Stories: How to be an award winner

Tips for applying for an award

Sample Menus, Recipes

Tools to help you with your application

Application contents

Meeting the Dietary Guidelines