



## QUINOA, JICAMA, HUMMUS, SAY WHAT?

July 21, 2008  
SNA Nutrition Committee

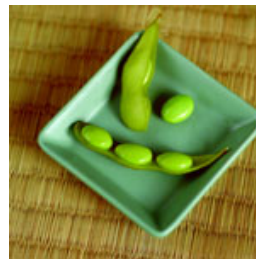
### SNA Nutrition Committee

- Alida Herling, Midwest Rep
- Julia Bauscher, Southeast Rep
- Kathleen Corrigan, West Rep
- Louise Easterly, Mideast Rep
- Pat Farris, Southwest Rep
- Renee Hanks, Northeast Rep
- Wendy Weyer, Northwest Rep
- Theresa Stretch, NSFMI Rep
- Tami Cline, Industry Rep
- Julie Skolmowski, SNA Liaison
- Nancy Rice, SNA Committee Chairman

## What is this?



## Edamame



## What are these?



## Avocados



## What is this?



## Hummus



## What are these?



## Lentils



## What is this?



## Jicama



## What is this?



## Tzatziki Sauce



## What is this?



## Pomegranate



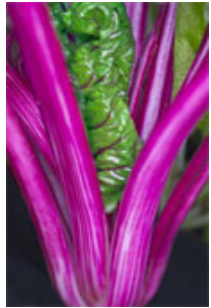
## What is this?



## Spaghetti Squash



## What is this?



## Kale



## What are these?



## Parsnips



## What are these?



## Blueberries



## What is this?



## Quinoa



## Tasting Parties

- Fun, educational, and they increase school and nutrition involvement

## Kiwi at St. Peter



## Kiwi at St. Peter



## Kiwi at St. Peter



## Kiwi at St. Peter



## Kiwi at Holy Savior



## Kiwi at Holy Savior



## Melons at St. Andrew



## Pineapple at St. Catherine



## Melons at Sacred Heart



## Melons at St. Cletus



## Internet Recipe Resources

- ❑ [www.epicurious.com](http://www.epicurious.com)
- ❑ [www.cooks.com](http://www.cooks.com)
- ❑ [www.cookinglight.com](http://www.cookinglight.com)
- ❑ [www.allrecipes.com](http://www.allrecipes.com)



QUESTIONS

A decorative graphic featuring four yellow stars with black outlines and radiating lines, set against a dark brown background. Two ribbons, one pink and one red, swirl around the stars. The word "Congratulations!" is written in a black, cursive font inside a yellow, horizontally-oriented oval.

*Congratulations!*

DOOR PRIZE WINNER IS...

THANK YOU!

SNA Nutrition Committee